



SWEET HICKORY BAKED GARBANZO BEANS

- 1 can (425 g) garbanzo beans
- 1 ½ Tbsp. olive oil
- 1 Tbsp. **Hickory & Maple Garlic Seasoning**

Preheat oven to 425°F. Drain the can of garbanzo beans in a strainer and rinse with water for a few seconds. Shake and tap the strainer to remove excess water, then blot with paper towel. Place oil, beans and seasonings in a plastic bag and shake to coat. Spread evenly on a baking sheet and roast 30-40 minutes until the beans are a deep golden brown and crunchy. To make sure that the beans do not burn, stir occasionally.

